Bandon Walking Clulb - Route Card - 5km Per Hour

| Date: <br> Magnetic Variation: | $\begin{array}{\|l} \text { Area: } \\ \hline \text { ETD: } \end{array}$ |  | $\begin{array}{\|l\|} \hline \text { Maps: } \\ \hline \text { ETA: } \\ \hline \end{array}$ | No in Party: |  | Guides Name + Number: |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Place of Start + Finish: |  |  |  |  |  |
| Leg Starting from Grid Ref and Name of Landmark finishes at starting point of next leg) |  |  | Bearing Degree | Distance (mts) | $\begin{gathered} \text { Distance Time } \\ (\mathrm{min}) \end{gathered}$ | Height Climbed (mts) | $\begin{aligned} & \text { Height Time } \\ & (\min ) \end{aligned}$ | Estimated Total Time Per Leg (min) | Description of feature being followed for each leg |
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| Sub Totals |  |  |  |  |  |  |  |  |  |
| Total Time to include for Lunch and 10mins per hour |  |  |  |  |  |  |  |  |  |


| Escape Route 1: |
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| Escape Route 2: |
| Escape Route 3: |

