



## Galtymore– Robert Wilmot – “B” Walk

<b>Walk Name</b>	Galtymore
<b>Date of Walk</b>	4/03/2018
<b>Area of Walk</b>	Galty's
<b>Directions</b>	From Bandon head for the Mitchelstown, stay on the Dublin road and then take exit 12 for Killbeheny, drive through Killbeheny and then through Skeheenarinky where you will see a fairly damaged signpost for Galtymore, don't take the ones just outside Killbeheny or at the start of Skeheenarinky.
<b>Guide's Name</b>	Robert Wilmot
<b>Guide's Number</b>	0868305659
<b>Sweeper's Name</b>	Jerry McSweeney
<b>Sweeper's Number</b>	0863815000
<b>Meeting Place</b>	The Ash Tree
<b>Departure Time</b>	8am
<b>Meeting Place near Walk</b>	The Black Road
<b>Leaving for walk</b>	9.30am
<b>Level of Walk</b>	Grade B
<b>Approx duration of walk</b>	5hrs
<b>Parking availability</b>	Very limited, please use the bus
<b>Description</b>	<p>This B walk is designed for people to come out and test their B walking levels, there will be an alternative loop during the walk for anyone struggling with the terrain so come along and join in on the day. Our route will start approx. 2km from the normal starting point of the Black road as the bus won't make it any further up the road.</p> <p>From the car park continue along the Black road passing through a gate in a northerly direction. Shortly after the first gate you must pass through a second gate as you proceed along the stony Black Road initially in a northwesterly direction. After about 0.75km you will be walking in a northerly direction as you continue to climb. You will see Knockeenatoung ahead slightly to your right. The road will take you around the western side of Knockeenatoung without climbing it. To your left you will begin to see really good views of the Galty Mountains with Galtymore ahead to your left. After passing Knockeenatoung on your right the black road will take you towards another peak ahead at 657m</p>

GR(89.23 23.26). Leave the black road at GR(89.18 22.87) where it veers to the right and climb 657m GR(89.23 23.26) straight ahead. You can now see both Galtymore and Galtybeg ahead. You need to aim for the coll between Galtymore and Galtybeg, but first you will walk towards Galtybeg and then veer left for the coll between the two mountains. In misty or windy conditions it is very important to remember that the northern side of the coll has a precipitous drop overlooking Lough Dineen, it may therefore be necessary to always keep well to your left as you climb Galtymore. The summit of Galtymore is usually very windy and in winter months is frequently covered in snow. However this can provide a good background for photographs with the white Celtic cross. You may want to take a break here but Galtybeg summit usually offers better shelter from prevailing wind conditions. As you leave Galtymore you need to retrace your path coming up. Also if conditions are windy or misty always keep to your right going down. When you reach the col between the two mountains you can now begin the much easier ascent to Galtybeg 799m. From the summit of Galtbeg you must descend in a southerly direction towards the peak at 657m GR(89.23 23.26) which is straight ahead. As you cross this peak a view of the Black Road will unfold before you giving you the return path to retrace your steps to the car park. You should be hitting the Black Road at about GR(89.17 22.85). A fairly minor extension to the walk can be made by summiting Knockeenatoung 601m on the way back. To do this veer off the road to the left at about GR(89.31 22.28) and climb Knockeenatoung. From the summit come down in a southwesterly direction to rejoin the road at about GR(89.17 21.50).